



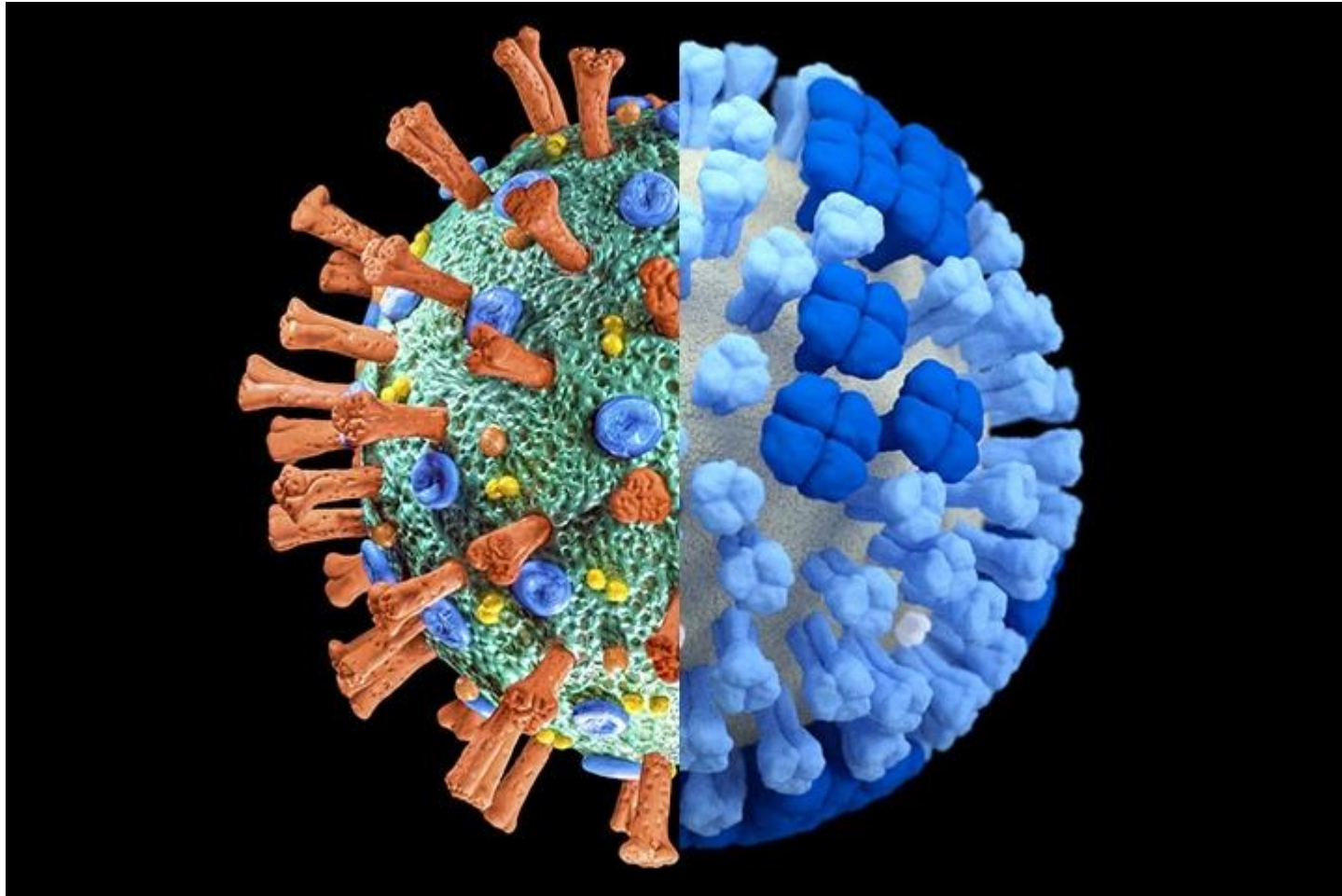
South Carolina Department of Health and Environmental Control

# Twindemic: Influenza and COVID-19

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**Assistant State Epidemiologist**  
**SC DHEC**  
**December 15, 2020**



# COVID-19 and Influenza Co-Infection





# This may be the most important flu vaccine in your life

## Why a flu vaccine is more important than ever in 2020

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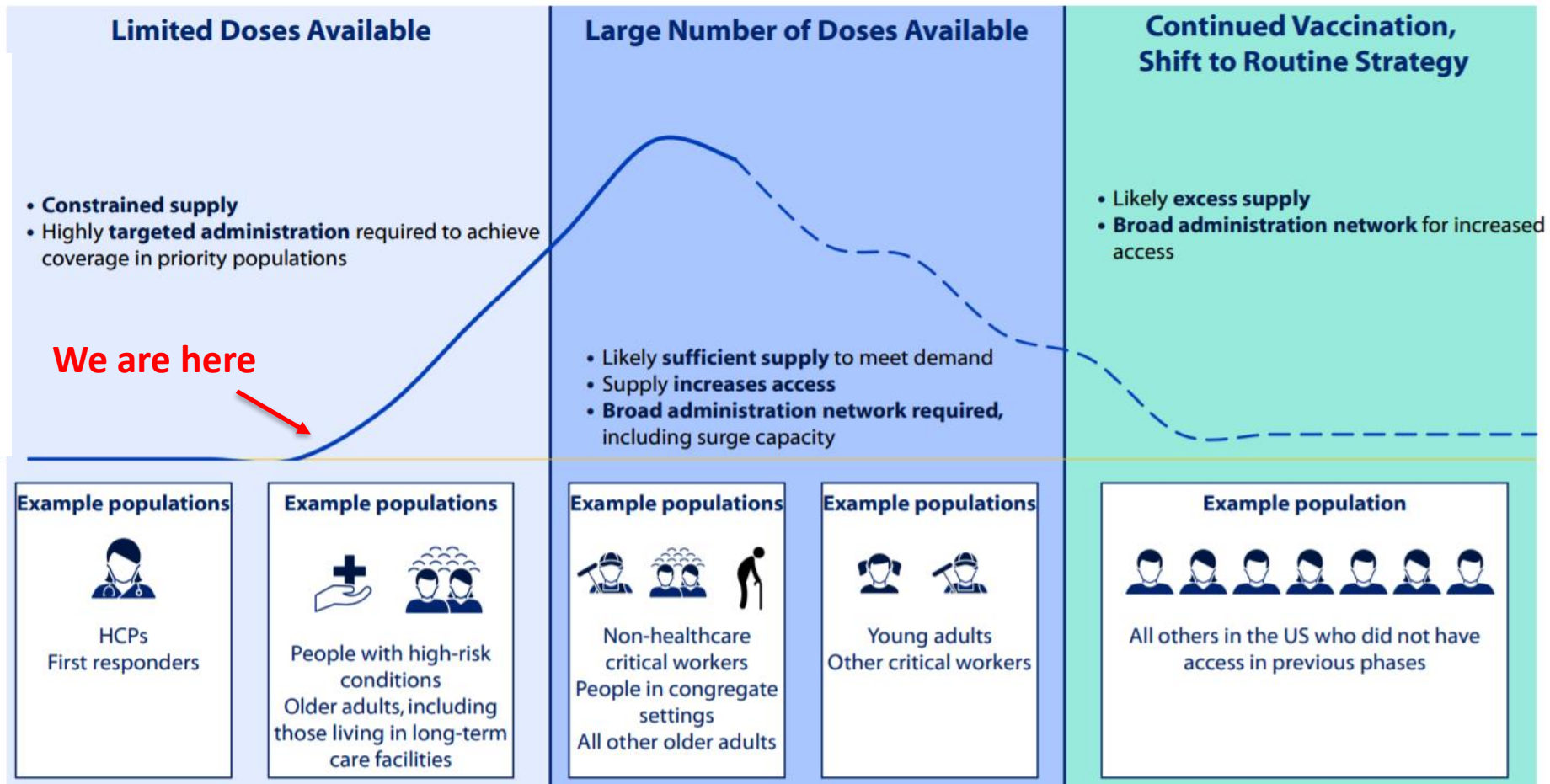
- It could save your life
- It protects the vulnerable members of your community
- Getting COVID + flu at the same time = trouble
- It will ease the burden on the health care system
- It's free

## Who should get the flu vaccine?

- Everyone age 6 months and older
- Including pregnant women
- Nasal spray ages 2-49
- Special higher dose vaccine for age 65 and over

# Phased COVID-19 vaccine allocation

Distribution will adjust as volume of vaccine doses increases





## Safety and Efficacy of the BNT162b2 mRNA Covid-19 Vaccine

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## ABSTRACT

## BACKGROUND

Severe acute respiratory syndrome coronavirus resulting coronavirus disease 2019 (Covid-19) has become a worldwide pandemic. Safe and effective vaccines are needed to control the disease.

## METHODS

In an ongoing multinational, placebo-controlled, parallel-group, randomized trial, we randomly assigned persons 16 years of age or older to receive two doses, 21 days apart, of either placebo or the BNT162b2 mRNA vaccine (2 doses per dose). BNT162b2 is a lipid nanoparticle-formulated vaccine that encodes a prefusion stabilized, membrane-anchored, full-length spike protein. The primary end points were safety and laboratory-confirmed Covid-19 and safety.

## RESULTS

A total of 43,548 participants underwent random assignment: 21,720 with BNT162b2 and 21,728 with placebo. Covid-19 with onset at least 7 days after the start of vaccination was significantly reduced in those assigned to receive BNT162b2 and 162 cases of Covid-19 with BNT162b2 was 95% effective in preventing Covid-19 (95% CI for efficacy, 90 to 97.6). Similar vaccine efficacy (generally 90 to 100%) was observed in all subgroups defined by age, sex, race, ethnicity, baseline body temperature, and coexisting conditions. Among 10 cases of severe Covid-19, 9 occurred in placebo recipients and 1 in a BNT162b2 recipient. The safety profile of BNT162b2 was characterized by short-term injection site reactions, fatigue, and headache. The incidence of these reactions was low and was similar in the vaccine and placebo groups.

## CONCLUSIONS

A two-dose regimen of BNT162b2 conferred protection against Covid-19 in persons 16 years of age or older. Safety over a 28-day period was similar to that of other viral vaccines. (Funded by BioNTech and Pfizer; ClinicalTrials.gov number, NCT04368728.)

Centers for Disease Control and Prevention



Early Release / Vol. 69

### The Advisory Committee on Immunization for Use of Pfizer-BioNTech COVID-19 Vaccine

Sara E. Oliver, MD<sup>1</sup>; Julia W. Gargano, PhD<sup>1</sup>; Mona Marin, MD<sup>1,2</sup>; Nancy McClung, PhD<sup>1</sup>; Doug Campbell, MD<sup>1</sup>; José R. Romero, MD<sup>3</sup>; H. Keipp Talbot, MD<sup>4</sup>; Grace L. Smith, MD<sup>5</sup>

On December 11, 2020, the Food and Drug Administration (FDA) issued an Emergency Use Authorization (EUA) for the Pfizer-BioNTech COVID-19 (BNT162b2) vaccine (Pfizer, Inc; Philadelphia, Pennsylvania), a lipid nanoparticle-formulated, nucleoside-modified mRNA vaccine encoding the prefusion spike glycoprotein of SARS-CoV-2, the virus that causes coronavirus disease 2019 (COVID-19) (1). Vaccination with the Pfizer-BioNTech COVID-19 vaccine consists of 2 doses (30 µg, 0.3 mL each) administered intramuscularly, 3 weeks apart. On December 12, 2020, the Advisory Committee on Immunization Practices (ACIP) issued an interim recommendation\* for use of the Pfizer-BioNTech COVID-19 vaccine in persons aged ≥16 years for the prevention of COVID-19. To guide its deliberations regarding the vaccine, ACIP employed the Evidence to Recommendation (EtR) Framework,<sup>1</sup> using the Grading of Recommendations, Assessment, Development and Evaluation (GRADE) approach.<sup>2</sup> The recommendation for the Pfizer-BioNTech COVID-19 vaccine should be implemented in conjunction with ACIP's interim recommendation for allocating initial supplies of COVID-19 vaccines (2). The ACIP recommendation for the use of the Pfizer-BioNTech COVID-19 vaccine under EUA is interim and will be updated as additional information becomes available.

Since June 2020, ACIP has convened nine public meetings to review data on the epidemiology of COVID-19 and the potential use of COVID-19 vaccines, including the Pfizer-BioNTech COVID-19 vaccine (3). Within the EtR Framework, ACIP

\* On December 12, 2020, ACIP voted 11–0 (three recusals) in favor of the interim recommendation for use of Pfizer-BioNTech COVID-19 vaccine. Three ACIP members recused themselves because of participation in clinical trials and/or other studies involving companies producing COVID-19 vaccines.

<sup>1</sup> <https://www.cdc.gov/vaccines/acip/recs/grade/downloads/ACIP-evidence-rec-frame-508.pdf>.

<sup>2</sup> <https://www.cdc.gov/vaccines/acip/recs/grade/about-grade.html>.



## FACT SHEET FOR RECIPIENTS AND CAREGIVERS

### EMERGENCY USE AUTHORIZATION (EUA) OF THE PFIZER-BIONTECH COVID-19 VACCINE TO PREVENT CORONAVIRUS

You are being offered information to help you decide if you want to get the COVID-19 vaccine.

The Pfizer-BioNTech COVID-19 vaccine can help prevent COVID-19.

Read this Fact Sheet and talk to your healthcare provider about the Pfizer-BioNTech COVID-19 vaccine.

The Pfizer-BioNTech COVID-19 vaccine is given in two doses, 3 weeks apart, into the muscle.

The Pfizer-BioNTech COVID-19 vaccine is safe and effective.

This Fact Sheet is available at [www.cvdvaccines.gov](http://www.cvdvaccines.gov).

## WHAT YOU NEED TO KNOW

**WHAT IS COVID-19?** COVID-19 disease is caused by the coronavirus SARS-CoV-2. It can spread from one person to another person, or from an animal to a person. Symptoms usually appear 2 to 14 days after exposure and include fever, cough, shortness of breath, loss of taste or smell, sore throat, and fatigue.

**WHAT IS THE PURPOSE OF THE PFIZER-BIONTECH COVID-19 VACCINE?** The Pfizer-BioNTech COVID-19 vaccine is designed to help prevent COVID-19 disease.

### Vaccines and Related Biological Products Advisory Committee Meeting December 10, 2020

## FDA Briefing Document

## Pfizer-BioNTech COVID-19 Vaccine

Sponsor:  
Pfizer and BioNTech

<https://www.fda.gov/media/144245/download>  
<https://www.fda.gov/media/144414/download>

# Phase 1a

- **COVID-19 Vaccine Frequently Asked Questions**

We will continue to update this information as often as possible to provide the most factual and current information possible for South Carolinians. Click below to view frequently asked questions. [A downloadable and printable version of the most common FAQs are available here for public use.](#)

[COVID-19 Vaccine FAQs](#)

[NEW: Phase 1A Guidance for COVID-19 Allocation and a Letter to Mission Critical Workers \(Dec. 10\)](#)

[NEW: Click here to view a vaccine outline presentation accurate as of Dec. 8, 2020.](#)

<https://scdhec.gov/covid19/covid-19-vaccination>

## **Phase 1 will be divided into two sub-phases: Phase 1a and 1b.**

In Phase 1a, vaccine allocation will be prioritized to subsets outlined by the Centers for Disease Control and Prevention (CDC) to include staff and residents of nursing homes and long-term care facilities and people serving in healthcare settings. The purpose is to maximize vaccinations for those serving in roles that reduce COVID-19 morbidity and mortality and to reduce the burden on strained healthcare capacity and facilities. Phase 1a will likely continue for many weeks, if not months.

**Hospitals will receive vaccinations in the first weeks of Phase 1a, followed by other enrolled and approved providers.** The purpose of this document is to provide guidance to those facilities that will vaccinate people eligible in Phase 1a.

**DO NOT CONTACT HOSPITALS TO BE VACCINATED.** People included in the groups identified below as eligible for Phase 1a vaccinations should not contact any hospital or healthcare provider. Instead, contact the South Carolina Department of Health and Environmental Control (DHEC) as provided below for additional information. If you work for an enrolled and approved COVID-19 provider, your employer will contact you about being vaccinated. For all others in Phase 1a, DHEC will publish and communicate information in the coming weeks regarding how those who are eligible can be vaccinated.

## **PHASE 1A**

The overarching principle in Phase 1a is averting deaths. For this initial phase DHEC



## Phase 1a mission-critical workers include:

- Persons performing direct medical care to suspected and/or confirmed COVID-19 patients: medical house staff (i.e., interns, residents, fellows), nurses, nurse's aides, physical therapists (PT), physicians, physician assistants, respiratory therapists (RT), speech pathologists providing swallowing assessments during a patient's infectious period, students (medical, nursing, PT, RT)
- Ancillary staff directly interacting with suspected and/or confirmed COVID-19 patients: laboratory personnel handling potentially infectious specimens, phlebotomists, and radiology technicians
- Emergency room staff in the above categories who provide direct patient care who are at high risk of exposure to undiagnosed, suspected and/or confirmed COVID-19 patients
- Paid and volunteer medical first responders (EMS, fire department, and law enforcement personnel who provide emergency medical services) and hospital transport personnel in direct contact with suspected and/or confirmed COVID-19 patients
- Persons providing direct medical care in correctional facilities
- Persons providing direct medical care in dialysis and infusion centers
- Workers in outpatient medical settings frequently treating persons with suspected or confirmed COVID-19 infection
- Workers in settings where monoclonal antibodies for COVID-19 infusions are given
- Home health and Hospice workers
- Public health nurses/personnel visiting facilities w/possible COVID-19 cases
- Autopsy room staff, coroners, embalmers, and funeral home staff at risk of exposure to bodily fluids

These critical workers in high-risk settings will vary in different settings depending in part on the resources within each facility and the communities they serve.

**DHEC recommends facilities apply higher vaccination status priority for the following factors during these limited vaccine supply circumstances:**

- Personnel with the highest exposure because of longest duration of hands-on patient care or involvement in aerosol-generating procedures
- Co-morbid conditions, including age  $\geq 65$  that place workers at higher risk of severe COVID-19 illness and death
- “Bench depth” or the number of workers available for a given skilled task

# COVID-19 among healthcare workers



## US and UK Frontline HCWs: Impact of Setting

Participant Setting	Age-Adjusted Risk of SARS-CoV-2+ HR (95% CI)	Multivariate-Adjusted Risk of SARS-CoV-2+ HR (95% CI)	HCWs Reporting Reused PPE, %	HCWs Reporting Inadequate PPE, %
General community	1 (reference)	1 (reference)	—	—
Front-line HCW				
▪ Inpatient	23.6 (21.2-26.3)	24.3 (21.8-27.1)	23.7	11.9
▪ Nursing homes	16.5 (13.6-20.0)	16.24 (13.4-19.7)	15.4	16.9
▪ Outpatient hospital clinics	10.6 (8.1-14.3)	11.2 (8.4-14.9)	16.3	12.2
▪ Home health sites	7.79 (5.6-10.9)	7.9 (5.6-11.0)	14.7	15.9
▪ Ambulatory clinics	6.9 (4.9-9.0)	6.9 (5.1-9.4)	19.3	11.8
▪ Other	9.42 (7.4-12.0)	9.5 (7.5-12.1)	12.0	13.8

- In post hoc analysis, Black, Asian, and minority ethnic HCWs more likely to work in inpatient settings or nursing homes (adjusted OR: 1.13; 95% CI: 1.03-1.23)

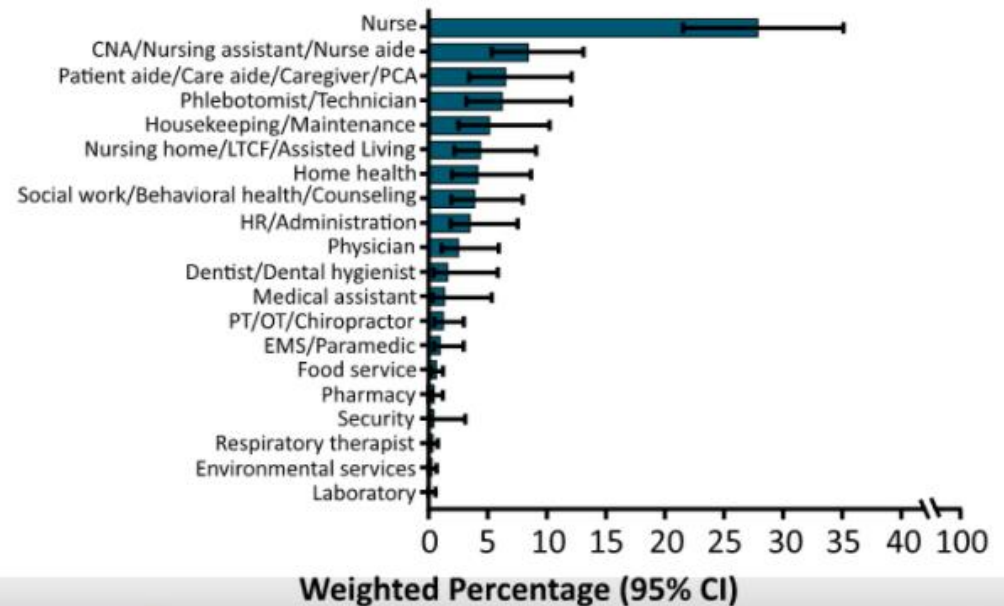


# Severe COVID-19 among HCW

## COVID-NET: Hospitalizations of HCW by Personnel Type

- 438 HCWs hospitalized with COVID-19
  - 67.4% in direct patient contact roles
  - 36.3% nurses or nursing aides
- Although HCWs with direct patient contact had higher rates of hospitalization, it remains unknown if exposed in the workplace or community

Personnel Type Among HCWs Hospitalized for COVID-19





# New vaccine technology

## mRNA vaccine

SARS-CoV-2 virus

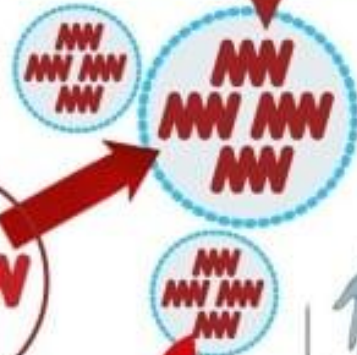


Spike protein



mRNA is made with instructions to make viral proteins

mRNA packaged in lipid nanoparticles



Vaccine delivered as injection



mRNA released into cell



Host cell

mRNA used to make viral proteins




Immune response

# Build on past, work in parallel

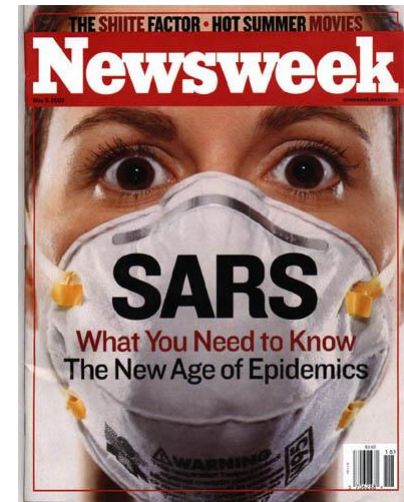
 Multiple vaccine approaches

 Concurrent testing

 Rapid data sharing

 New approaches to funding and research collaboration

 Early manufacturing scale-up

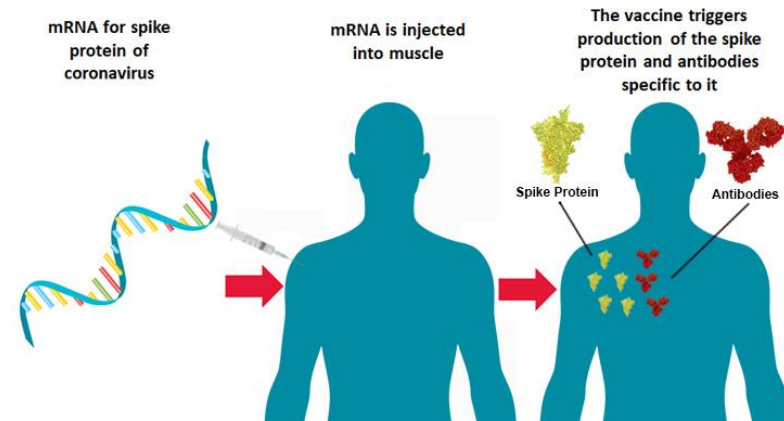


## “Rational design”

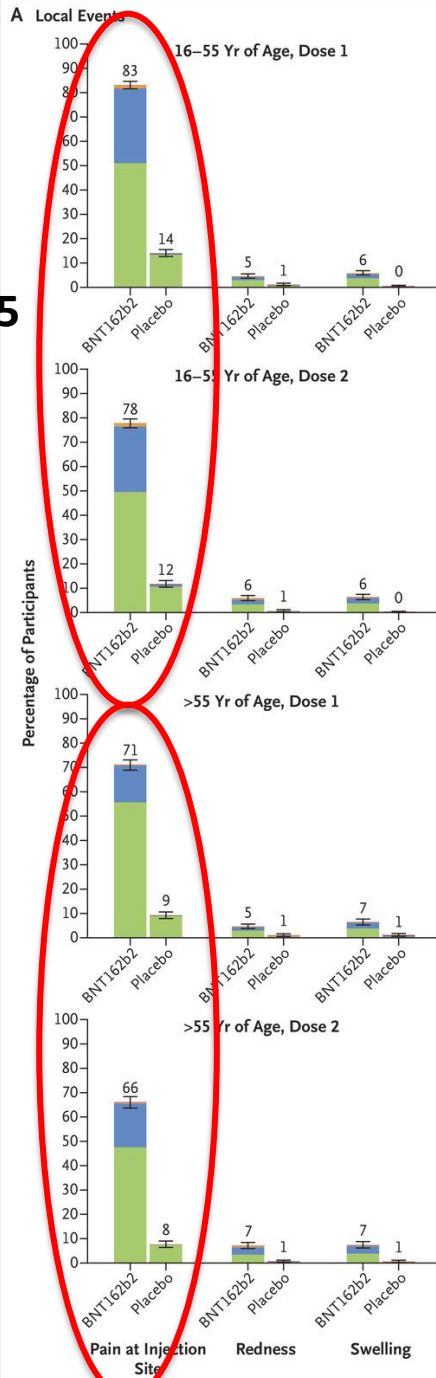
- **Sequence released 1/10/2020**
- **Gene for spike protein identified 42 days later**
- **Phase 1 begins for mRNA vaccines 20 days later**

# Pfizer

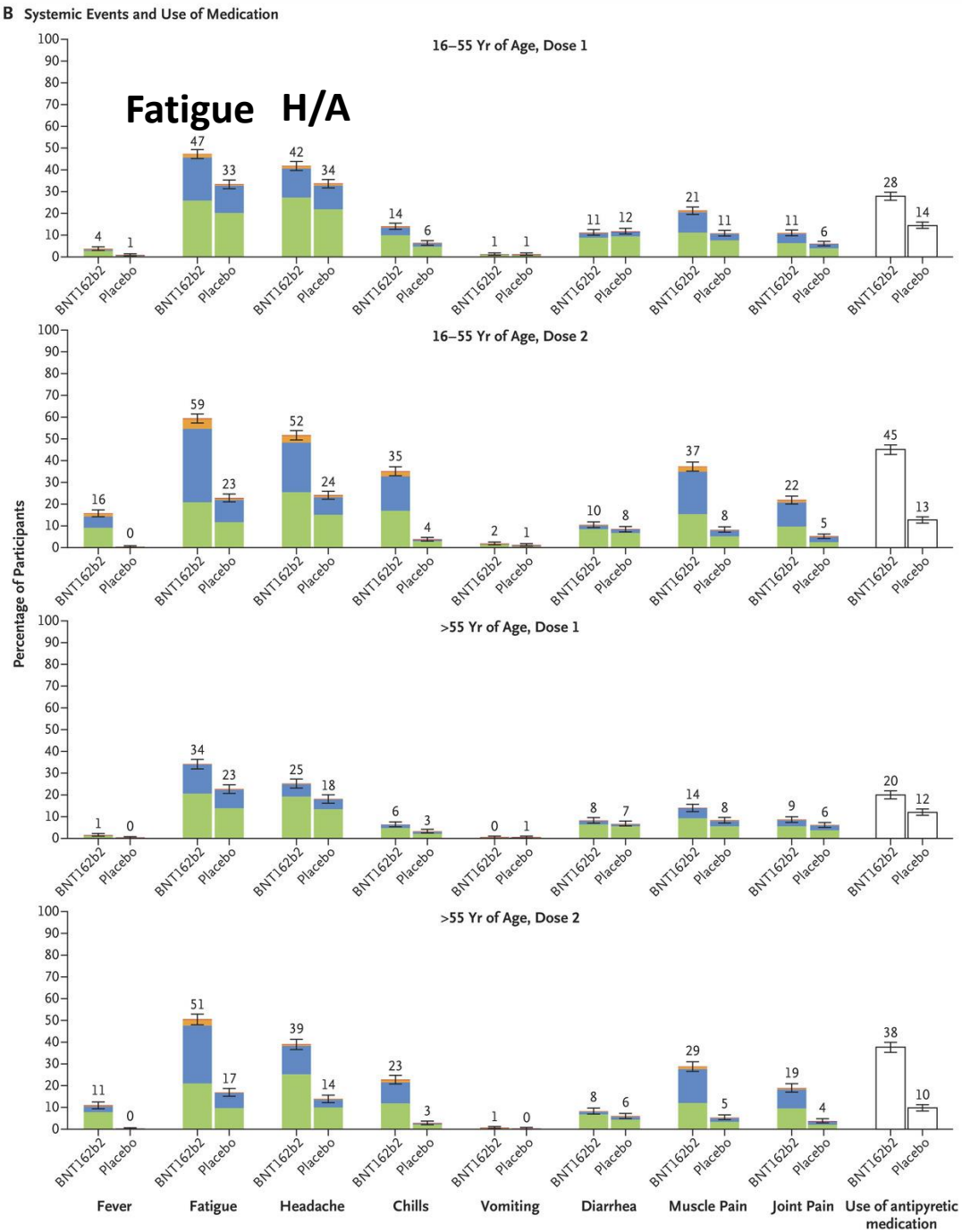
- New technology, store at  $-70^{\circ}\text{C}$
- 2 injections 21 days apart
- Phase 3 study in 42,000 people
  - 95% efficacious: 170 w/symptoms & tested positive for COVID
  - 162 placebo (9 severe disease), 8 vaccine (1 severe)
  - Immunity 7 days after 2<sup>nd</sup> dose (28 days after initiate vaccine)
- No serious adverse events, but more than half had fatigue, chills, headache, muscle aches after 2<sup>nd</sup> dose
- Mild-moderate pain at the injection site in almost all
- Likely authorized for emergency use after FDA and ACIP reviews 12/11/2020
- Special requirements to maintain cold chain



Age  
16-55



Age  
>55





# Pfizer vaccine logistics

- Vaccine sent via a thermal shipper
- Three options for storage:
  - Ultra-low-temperature freezers
  - Pfizer thermal shippers can be used as temporary storage units by refilling with dry ice every five days for up to 30 days of storage.
  - Refrigeration units that are commonly available in hospitals
  - Once thawed, vaccine can be stored for five days at refrigerated 2-8°C conditions

# Emergency Use Authorization (EUA)

- EUA issued only after safety and efficacy standards are met
- Determination that the known and potential benefits of the investigational product outweigh its known and potential risks
- Use of an investigational vaccine under an EUA is not subject to informed consent requirements; rather a Fact Sheet is provided

# EUA Fact Sheet

## Fact Sheet for Vaccine Recipients and Caregivers

- Similar to Vaccine Information Statement (VIS) for licensed vaccines
- Will provide specific information about each COVID-19 vaccine, including:
  - Basic information on COVID-19, symptoms, and what to discuss with a healthcare professional before vaccination
  - Who should and should not receive the vaccine
  - That recipients have the choice to receive the vaccine
  - Vaccine series information
  - Risks and benefits of the vaccine, including common side effects
  - Information on reporting side effects to VAERS
  - An explanation of what an EUA is and why it is issued
  - Any approved available alternatives for preventing COVID-19
  - Additional resources
- Written informed consent is not required under EUA
- Translations anticipated to be available



# Discussing the facts around vaccine including side effects

- You, as a health care professional, are a trusted voice
- People need to know ahead of time about **possible local and systemic symptoms** (so they are not surprised!)
- Avoid the term “side effects”
- Use “temporary symptoms”
- Explain the symptoms are a sign that the vaccine is working; the immune system is responding



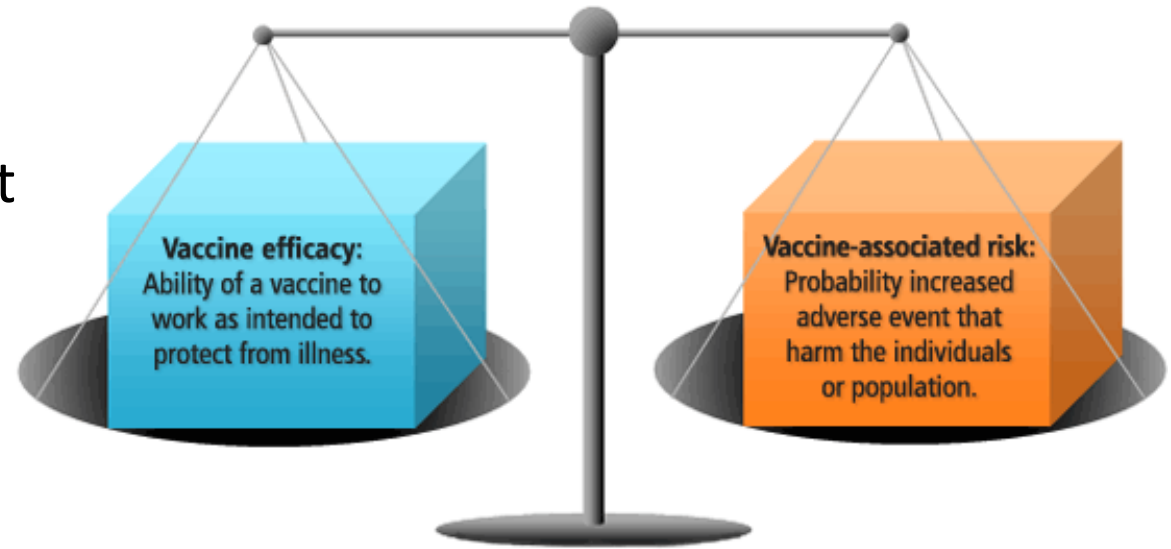


## What should I tell people?

- Severe symptoms are rare, but mild-moderate ones are common, with the COVID-19 vaccines
- Consider the shingles vaccine analogy
  - Which would you prefer: the old shingles vaccine that causes fewer symptoms but only works half the time, or the new one that is 97% efficacious but may give you fever, myalgias, and fatigue for a couple of days?
  - Risks of vaccine vs. risk of COVID-19 disease
  - Don't forget you can take acetaminophen
- Workers might consider getting vaccinated when they have 1-2 days off following vaccination, especially after the second dose

# What about long-term or rare side effects?

- Might not know about rare or long-term side effects until millions are vaccinated



- FDA and CDC will collect safety data from those vaccinated
- Will also have safety data from other countries (e.g., England)
- Each of us must weigh risk/benefit ratio:
  - Benefit of vaccine (with 95% efficacy) protecting from COVID-19 now vs.
  - Symptoms with vaccination and unknown rare or long-term risks

# Pfizer phase 2/3 study

Included people with

- Autoimmune disease
- Hypertension, asthma, diabetes
- Infection with HIV, hepatitis B or hepatitis C
- Age 16 (study amendment October 2020)
  - 283 (138 vaccine, 145 placebo) age 16-17 years

No evidence for vaccine-enhanced disease

# Adverse events

- Bell's palsy in 4 vaccine group (consistent with general background rate), 0 placebo
- Appendicitis: 8 in vaccine, 4 in placebo group
- Lymphadenopathy in 64 vaccine and 6 placebo
- Six deaths (2 vaccine, 4 placebo)
- No other notable adverse events, including other neurologic, neuro-inflammatory, and thrombotic events, that would suggest a causal relationship to vaccine



# Preventing disease vs. Preventing infection



**IPV**



**OPV**

# Prevent disease vs prevent infection

- Did not evaluate for preventing asymptomatic infection and transmission
- Will study over the next couple of months
- Pfizer stated they will do transmission studies with nasal swabs post vaccination

# Pregnancy and CDC recommendations

- mRNA vaccine not a live vaccine
- mRNA degraded quickly, does not enter nucleus
- Considerations for vaccination:
  - Level of COVID-19 community transmission
  - Personal risk (occupation, other activities)
  - Risk of COVID-19 infection to woman & unborn child
  - Efficacy of the vaccine
  - Known side effects of vaccine
  - Lack of data during pregnancy
- If symptoms post vaccination, take acetaminophen as fever associated with adverse pregnancy outcomes
- Routine testing for pregnancy prior to COVID-19 vaccination is not recommended

# ACIP recommendations

- Lactating mothers?
  - No risk to breastfeeding infant
- When vaccinate after monoclonal antibodies?
  - Wait 90 days
- Vaccinate during quarantine?
  - No, don't expose others (except LTCF in quarantine)
- Autoimmune disease flare with vaccine?
  - Benefit outweighs risk
- Immunocompromised, transplant, cancer, steroids?
  - No data but CDC recommends consider benefit > risk
- Window of time for 2<sup>nd</sup> shot? Need to start over if late?
  - Don't start over
- Do not give within 2 weeks of other vaccines



# I had COVID-19: when can I be vaccinated?

- Vaccine is recommended for people previously infected
- According to data reviewed by CDC, people appear to become susceptible to reinfection after >90 days after initial infection
- To date, reinfection appears to be rare during the initial 90 days after symptom onset of the preceding infection
- DHEC recommends persons eligible for vaccine in Phase 1a who had COVID-19 within the previous 90 days consider delaying vaccination to allow more vulnerable access to scarce resource

[Annex: Quarantine of Persons Recovered from Laboratory-diagnosed SARS-CoV-2 Infection with Subsequent Re-Exposure](#)

# Anaphylaxis

- In the US, severe allergic reaction in ~ one of every 1.4 million doses of other vaccines
- 2 severe allergic reactions to Pfizer COVID vaccine thus far in the UK
- Both had a history of severe allergic reaction (one to food items, one to a drug)
- ACIP recommendation: severe allergic reaction to another vaccine, or any injectable (SC, IM, IV) should not receive Pfizer vaccine at this time
- Observe patient after vaccination
  - Hx anaphylaxis (e.g., to food, not to vaccine): 30 minutes; Others: 15 minutes
  - Have epinephrine and resuscitation capability available

# Contraindications

Allergy to any of the vaccine components:

- mRNA, lipids ((4-hydroxybutyl)azanediyl)bis(hexane-6,1-diyl)bis(2-hexyldecanoate), 2 [(polyethylene glycol)-2000]-N,N-ditetradecylacetamide, 1,2-Distearoyl-sn-glycero-3- phosphocholine, and cholesterol), potassium chloride, monobasic potassium phosphate, sodium chloride, dibasic sodium phosphate dihydrate, and sucrose

# Pfizer COVID-19 vaccine ingredients

- Active Ingredient
  - nucleoside-modified messenger RNA (modRNA) encoding the viral spike protein of SARS-CoV-2
- Four lipids (including polyethylene glycol or PEG)
  - Encase the mRNA, fuse with cell membrane, provide structural integrity
  - PEG most likely to cause symptoms or allergic reaction (used in laxatives, bowel prep)
- Four salts (including NaCl) -- pH buffer
- Sugar (sucrose) – Cryoprotectant, keeps nanoparticles from sticking together

**No Thimerosal, mercury, antibiotics, or preservatives**



# Institute for Health Metrics and Evaluation, SC, 12.06.2020

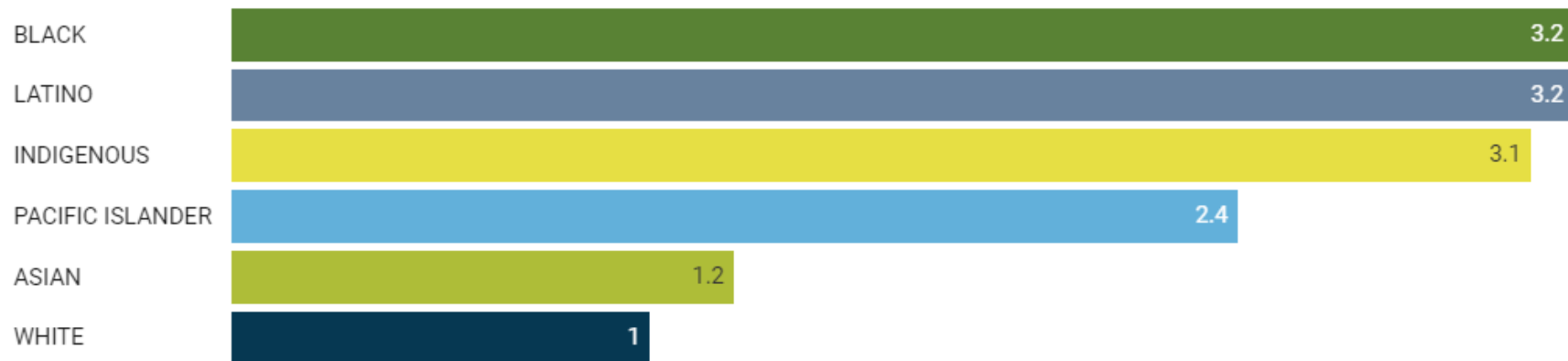
**Table 1.** Ranking of COVID-19 among the leading causes of mortality this week, assuming uniform deaths of non-COVID causes throughout the year

Cause name	Weekly deaths	Ranking
→ COVID-19	173	1
Ischemic heart disease	172	2
Tracheal, bronchus, and lung cancer	75	3
Chronic obstructive pulmonary disease	73	4
Stroke	73	5
Chronic kidney disease	39	6
Alzheimer's disease and other dementias	36	7
Colon and rectum cancer	28	8
Diabetes mellitus	27	9
Lower respiratory infections	25	10

# Death rates for COVID-19

**Adjusted for age, other racial groups are this many times more likely to have died of COVID-19 than White Americans**

*Reflects mortality rates calculated through Oct. 13.*



*Indirect age-adjustment has been used.*

Source: [APM Research Lab](#) • [Get the data](#) • Created with [Datawrapper](#)

# Pfizer vaccine

## Trial Locations



Approximately **150 clinical trial sites** in **6 countries**, including **39 U.S. states**

## Trial Progress



The Phase 2/3 clinical trial **has enrolled 43,661 participants** and **41,135 participants** have received their **second vaccination**

## Participant Diversity

Approximately **42%** of overall and **30%** of U.S. participants have diverse backgrounds

Participants	Overall Study	U.S. Only
Asian	4.5%	5.5%
Black	10.0%	10.1%
Hispanic/Latinx	26.1%	13.1%
Native American	0.8%	1.0%
Ages 56 to 85	40.9%	45.4%

Updated as of Monday, November 16, 2020 at 09:00am ET. Updates are made on a weekly basis.

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# Questions?

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**[cdc.gov/covid19](https://cdc.gov/covid19)**